

USEFUL INFORMATION

Student Affairs Ireland (SAI)

Higher Education Institutions

www.heai.ie/higher-education-institutions

HSE CoronaVirus (COVID-19)

www2.hse.ie/coronavirus | 1850 24 1850

List of Health Services in Ireland

www.hse.ie/eng/services/list | 0761 07 4000

DEASP – Income Support Helpline for COVID-19

www.gov.ie/en/publication/cb3726-jobseekers-payments | 1890 8000 24

Travel Wise

www.dfa.ie/travelwise | 01 613 1733

ALONE Supporting Senior Citizens

www.alone.ie | 0818 222 024

Samaritans

www.samaritans.org/ireland/samaritans-ireland | 116 123

Pieta House

www.pieta.ie | 1800 247 247

Womens Aid

www.womensaid.ie/services/helpline | 1800 341 900

Citizens Information

www.citizensinformation.ie

Threshold

www.threshold.ie | 1800 454 454

ISPCC

www.ispcc.ie | 1800 66 66 66

MABS

www.mabs.ie | 0761 07 2000

ANYMAN

www.anyman.ie | 01 554 3811

Childline

www.childline.ie | 1800 66 66 66

HSE National Drugs and Alcohol

www.drugs.ie | 1800 459 459

National Family Support Network

www.fsn.ie | 01 898 0148

Alcoholics Anonymous

www.alcoholicsanonymous.ie | 01 842 0700

Gamblers Anonymous

www.gamblersanonymous.ie | 01 872 1133

